

Staff Training Workshop

The Brock Student

**Sexual Violence
Support Centre**
For a Safer Brock.

24/hr Text Support Line:
289-990-7233

Agenda

- ❑ Realities of sexual violence
- ❑ Cases / Types of violence
- ❑ What is consent?
- ❑ Our Services
- ❑ Referring survivors



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Sexual Assault

...is any unwanted touching of a sexual nature. It can happen to anyone and is never their fault.

Sexual Violence

...includes all of the other ways someone might make you feel uncomfortable or unsafe. This can be through sexual comments, harassment, stalking, or other non-physical actions.

Realities of Sexual Violence

- ¼ women (general)
- 69% assaulted by men that they know
- 83% of women with disabilities
- 8 in 10 Aboriginal women in Ontario
- 6% of all sexual assaults are reported to police
- women ages 14-24 = largest “target group”

The University Campus...

Vulnerability
Culture of alcohol

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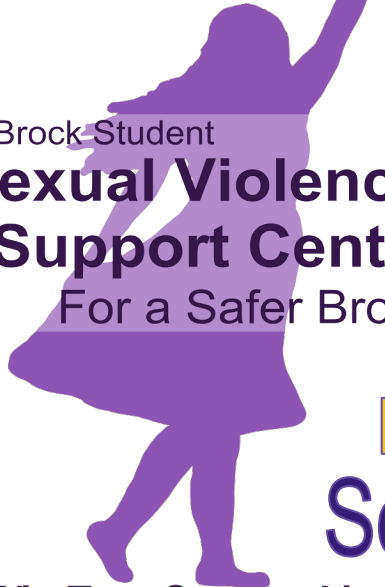
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Cases / Types of Violence @ Brock

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Numbness Low Self-Esteem Shame
Survivor-Blaming Harassment
Intimate Partner Violence "Dirty"
Acquaintance Rape "My fault"
Flashbacks Drug-Facilitated Sexual Assault
Anger Isolation Nightmares
Stalking "Disgusting" Anxiety
Depression
Social Withdrawal Substance Abuse/Misuse
Guilt Academic Struggles Drop-out

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Consent

...is always needed. It requires that people engaging in sexual activity openly communicate their boundaries. Communication needs to take place throughout and consent needs to be reestablished every time.

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- ✓ Position to give consent
- ✓ Only yes = yes
 - ✓ Verbal
 - ✓ Enthusiastic
 - ✓ Voluntary
- ✓ Fluid

About Us

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- non-judgemental support to anyone affected by sexual violence, including:
 - 24/7 text support
 - email and in-person support
 - weekly drop-in hours
 - advocacy & accompaniments
 - resources & financial/practical assistance
- education against violence
- volunteer training programs
- professional development workshops
- **always free, confidential, & anonymous**

Learn more: www.ASaferBrock.org

Referring Survivors

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If someone tells you they were sexually assaulted...

- Listen to them
- Believe them
- Support them
- **Refer them**
 - Recognize your limitations
 - Right care, right person
 - Avoid compassion fatigue, burnout, exhaustion, & boundary issues
 - Empower the survivor

Referral leaflets...